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JAYADEVA PA SECTION Veena M <pstodirectorsjicr@gmail.com>

### My reflection of work at SJICR

1 message

Sun, Sep 16, 2018 at 3:29 AM


**Madhu Gangadhara** <drmadhu309@gmail.com>  
To: drcnmanjunath@gmail.com, director@jayadevacardiology.com  
Cc: Dr Jayranganath <jayranganath@yahoo.com>

Dear Sir,

Please find enclosed a document on my reflection of the time spent at SJICR.

I am very grateful for the opportunity.

Kind Regards  
Dr Madhu Gangadhara  
Southampton, UK

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*[Handwritten signature and scribbles]*

beds caring for children and adults with heart conditions from across the country, it can be a daunting task for any management and clinical staff.

From my limited amount of time here, I can confidently say the institute has held its own very well inspite of all the challenges and is offering good quality care to patients. The resources at the hospital are stretched at times but with a strong foundation, good leadership and dedicated staff, I can only see an upward progress in its achievements for the future.

Best wishes

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**Personal reflection on my fellowship year at Sri Jayadeva Institute of Cardiovascular Sciences and Research (SJICR), Bangalore, India.**

The eminent Cardiologist, late Professor Rajendra Tandon said that ***“a hospital is doing very well if its priorities are Patients, Institute and Individuals in that order”***. I was privileged and fortunate to get an opportunity to work in such a health institute in Bangalore, India.

The institute is led by a highly respected clinician and great leader in Dr Manjunath CN. His successful leadership has resulted in the institute making consistent progress and succeeded in providing good quality care to all patients with cardiac conditions. When I approached the Director for a fellowship opportunity, I was welcomed wholeheartedly and the process of joining the hospital was managed very smoothly. I was keen to learn from their expertise in congenital cardiac care whilst sharing my experiences from the west

The Paediatric cardiology department, led by Dr Jayaranganath accepted me under their wings and guided me during my work there. I have learnt so many skills and tapped into their vast experience which will undoubtedly help me throughout my career. Dr Jayaranganath is an exceptionally skilled Cardiologist and under his leadership, the department has made huge strides in the last decade, particularly in the Congenital cardiac catheterisation programme which is highly successful and performs all types of routine and complex percutaneous interventions. I am very grateful for all the learning and support I got from him during my work there.

**Patients:**

The most striking impact and eye opening experience for me during my time here was to see how poor patients from across the country are offered expensive cardiac treatments for free. There are various public health schemes offered by the hospital which cover the treatment costs of eligible poor patients. This is a remarkable achievement considering how expensive healthcare costs could be in the modern era.

I admire the hospital philosophy of ***patient treatment first and payment later***. I have personally witnessed many patients being offered treatment first in an emergency before their affordability and ability to pay is assessed. Even many

elective open heart surgeries and key hole heart interventions have been successfully performed for patients who can't afford a single rupee. Life saving procedures like Percutaneous Mitral valvuloplasty is also done free of cost in an emergency. For example, an 8-year-old girl with severe Rheumatic Mitral valve stenosis who presented in heart failure got free treatment even though her family could not afford anything and were also not eligible for public health schemes. But the hospital does not deny treatment for such deserving patients and arranges for free treatment. This operation costs around 50,000 rupees in India and nearly 10,000 dollars in the west. That is the scale of noble service the hospital is offering to many patients.

**Staff:**

The hospital staff are very motivated, kind and dedicated individuals who are working hard in public sector with "*service to patients*" as their main motive. This inspired me to always think in terms of what is best for the patient in the decisions we make on a daily basis.

Nursing staff deserve a special mention for their sincere commitment and hard work to offer good care to patients 24/7 in a busy high volume tertiary cardiac centre.

I was impressed how well the staff of Paediatric cardiology worked as a team with good communication amongst them. Their vast experience and specialized skill stands out and are well known internationally. Dr Usha and Dr Anand were very keen to teach and share their wealth of experience and knowledge. I was made to feel as a family member in their team and looked after very well.

Surgeons are highly motivated and dedicated performing complex surgical procedures routinely in children who often present late and are also moribund due to poor pre-operative nutrition. I admire their enthusiasm and never say die attitude in spite of many practical challenges they face.

**Institute:**

SJICR is an internationally renowned institution with a reputation for performing the highest number of percutaneous mitral valvuloplasties in the world. Being the only public cardiac centre in India with approximately 1100